

# Raising money-smart kids

## Session Three - Learn to love what THEY want to do (Visualisation Exercise)

DISCUSS THE REASONS WHY YOU WOULD LIKE YOUR CHILD TO DO THIS VISUALIZATION EXERCISE WITH YOU.

FIND THE RIGHT TIME TO SIT DOWN, ASK THEM TO CLOSE THEIR EYES, AND TAKE A FEW DEEP SLOW BREATHES BEFORE YOU START GUIDING THEM THROUGH THE PROCESS.

ASK THEM TO PICTURE WHAT THEIR LIFE LOOKS LIKE WHEN THEY ARE IN THEIR 30S. WHERE DO THEY LIVE...IN WHICH CITY. DO THEY LIVE IN A HOUSE OR APARTMENT? LET THEM DESCRIBE THE DÉCOR AND ALL THE DETAILS OF THEIR HOME.

WHAT CAR DO THEY DRIVE? WHAT MAKE, MODEL, AND COLOR?

WHO ARE THEIR FRIENDS? WHAT DO THEY DO FOR FUN, ON THE WEEKENDS?

WHERE DO THEY GO ON HOLIDAY? WHAT KIND OF LIFESTYLE DO THEY LIVE? WHERE DO THEY SHOP, WHAT DO THEY BUY, EAT, AND WEAR?

WHAT DO THEY DO TO EARN THE MONEY THEY NEED TO LIVE THIS LIFESTYLE?

